

## **BIKING FROM BART**

From the MacArthur BART station to the Shellmound Street trailhead: Ride west on 40th Street, which turns into Shellmound Street.

The trailhead is across the street from IKEA.

From the 19th St. BART station to the Burma Road trailhead: Ride north on Broadway and west on West Grand Avenue to Maritime Street. The trailhead is one block south at the intersection of Maritime Street and Burma Road.

