



LYEMONT

FREMONT BIKEWAY MAP

116 BICACLE MAP + RESOURCES

Always use a high quality U-Lock or chain. For added see use both.

1111-262-019 (cross street is Civic Center Drive) Fremont, CA 94538 JATI920H NOTƏNIHZAW

210-248-3000 Stevenson Boulevard) 30400 baseo badre Parkway

KAISER PERMANENTE Medical Services (Non-Emergency):

Лоп-Етегдепсу ичт

# <u>Transit</u>

### LOADING YOUR BIKE



Let the driver know you will be loading your bike. DO NOT STEP IN FRONT OF THE BUS UNTIL THE DRIVER LETS YOU KNOW IT IS SAFE TO DO SO.





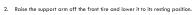
Lift the bike up and fit it into the rack's wheel wells, which are labeled for the front and rear wheels. If no other bike is on the rack, use the space closest to the bus.

3. After the bike is in the rack, simply lift the support arm up and over the front



This arm should be in contact with the tire, not the fender or any other part of the bike. It is a good idea to make sure the support arm is in place before boarding the bus and don't forget to pay your fare.

When you want to get off the bus, exit by the front door and tell the driver that you must get your bike. Unloading should always be done from the curbside.







Prepared by Alta Planning + Design

Use Compliance of the program of the

(Ord. No. 1518, § 1, 3-14-82.) windows or on the main-traveled portion of the sidewalk, nor in such manner as to constitute a hazard to pedestrians, traffic arrangements. No person shall park any bicycle against Sec. 3-4104. Parking of bicycles.

Persons riding bicycles on sidewalks shall do so in single file. (Ord. No. 1518, § 1, 9-14-82.) uess bn.boses.

operate their bicycles upon the sidewalk, except such sidewalks as are in front of schools, stores or buildings used for business mass purposes. destrians the right-of-way, may ride and exercising due care and giving the pecle on any sidewalk in the city except as herein specifically permitted.

Juveniles under the age of sixteen years,

No person shall ride or operate a bicy-Sec. 3-4103. Riding on sidewalks.

Fremont Municipal Code

AC TRANSIT 66 Up to two bicycles can fit on the front rack of all AC Transit buses.

BART (510) 465-2278

Bikes are allowed on most trains, except those highlighted in the BART schedule. Bikes are never allowed or ea in the BAKT schedule. Bikes are never allowed on crowded cars. Bicyclists must yield to all other passen-gers and yield priority seating to seniors and persons with disabilities. It is the bicyclist's responsibility to know the BART schedule and BART's Bicycle Rules.

COMMUTE HOURS: Weekdays approximately 7:05 to

During evening commute hours, bicyclists traveling from the East Bay must exit at the Embarcadero Station (as indicated by the Fares and Schedules brochure).

Folded bikes are allowed on the trains at all times. During commute hours, folding bikes must be folded before entering the paid area at the Embarcadera, Montgomery, Powell, and Civic Center San Francisco Stations, and the 12th and 19th Street Oakland Stations. At all other stations, they may be folded on the platform, but must be folded before boarding a train.

## TRAIN 1 http://www.amt

AMTRAK: Capital Corridor Trains have a bicycle parking rack for patrons to store bicycles for the duration of their trip. Most rail cars can accommodate three bicycles.

Train Status and Schedules 1-800-USA-RAIL

Altamont Commuter Express: ACE Trains have space for 17-34 bicycles in the rear car.
Train Status and Schedules 1-800-411-RAIL



http://www.bikexprt.com/streetsmarts

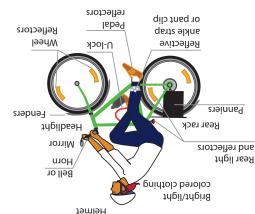


Bike to Mork Day takes place annually on the third Thursday in http://bayareabikes.org/btwd/

stencii in order to receive bicycie detection. intersections, markings on the pavement indicate where a bicyclist should be positioned in order to activate the signal. A bicycle must be positioned on top of the conter line striping of the loop detector pavement the center line striping of the loop detector pavement stars. detectors can be calibrated to detect bicycles. Loop detectors are installed within the roadway to allow the metal of a motor vehicle to trigger a change allow the fields loop in the troffic signal. Many standard motor vehicle loop in the troffic signal. 

**LOOP DETECTOR STENCIL** 

mili ensure a sare and more enjoyable ride. Using the proper equipment and safety devices



### Bicycle <u>ommuting</u>

### SAFE BICYCLE RIDING

RIDING ON SIDEWALKS MAY BE

Pedestrians have the right-of-way. Give them an audible warning before you pass. Watch for vehicles at driveways



are not looking for bicyclists riding on the wrong side of the road.

LANES

RIDE IN THE MIDDLE OF NARROW

When the lane is too narrow for a ca



OBEY TRAFFIC SIGNS, SIGNALS, AND

Bicyclists must follow the same laws as

motorists. Stop at red lights and st signs just as you would in a car.

The law requires a strong headlight and a rear reflector or taillight at night or when visibility is poor. Wear light-colored clothes with reflective tape for



Hand signals tell others what you intend

to do. Signal as a matter of courtesy and

USE HAND SIGNALS

of self-protection.





# Types of Bikeways

### Shared Use Paths



red Use Paths are essentially wide paved trails igned for shared use by bicyclists, pedestrians and er non-motorized traffic such as skate boards or

Bicycle Shops

Fremont REI

Fremont Schwinn

Newark Cyclery

Bicycle USA

Castro Valley Cyclery

## Bike Lanes



5006 Mowry Ave., Fremont

43962 Fremont Blvd., Fremont

4040 Papazian Way, Fremont

37300 Cedar Blvd., Newark

5753 Jarvis, Newark

20515 Stanton Ave., Castro Valley

22656 Foothill Blvd., Hayward

## Shared Roadways



Shared Roadways are streets designated as recommended bicycle routes. Shared Roadways are designed along both higher traffic and lower traffic streets. Shoulder width varies depending on the

(510) 651-0305

(510) 656-8610

(510) 793-4546

(510) 793-6000

(510) 538-8771

(510) 538-1878

(510) 582-6118

✓ Inspect pads for wear; replace if damaged.

adjustment; make



damaged.

Bicycle Maintenance

ABC

✓ Inflate tires to rated pressure as listed on

✓ Check for damage to tire tread and



 $\ensuremath{\underline{\vee}}$  Hubs need to be tight in the

Quick Check

ightharpoonup Your hub quick release should point back to insure that nothing catches on it.

✓ Inspect brake quick releases to insure that they have been re engaged.



sure pads do not rub tire or dive into

✓ Check brake level travel: at least 1"

between bar and lever when applied.



✓ Make sure that your crank bolts are tight;

Check your chain for wear; 12 links should measure no more than 12 1/8th inches

s for Cranks, 🗹 If your chain skips on your cassette, .. your criain skips on your cassette, you might need a new one or just an adjustment. Chain and

Bicyclina Resources



☑ Take a quick ride to check if derailleurs and brakes are working properly.

✓ Inspect the bike for loose o broken parts; tighten, replace,

Pay extra attention to your bike during the first few miles of

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# Fremont Welcomes Cyclists!

This map is produced through the guidance of the Fremont Bicycle and Pedestrian Advisory

### **Bicycle and Pedestrian Program**

The City of Fremon's bicycle and pedestrian program's primary objective is to provide bicyclists and pedestrians with safe and accessible routes to all destinations within the City and outside the City, which are served by public roads, trails, transit, and rail. Please visit the City's new Bicycle and Pedestrian Program website for additional information: https://www.fremont.gov/ index.aspx?NID=534. Bicycle Master Plan

The Fremont Bicycle Master Plan provides a blueprint for making bicycling an integral part of

### daily life in Fremont. The Bicycle Plan provides for a citywide system of bike lanes, bike routes, bike paths, bicycle parking, support facilities, and a variety of programs to allow for safe, blike pains, bicycle parking, support facilities, and a variety of programs to allow for safe efficient, and convenient bicycle travel within Fremont and connecting to destinations in adjacen cities. Please visit the City's Bicycle Master Plan website for additional information: http://www

Pedestrian Master Plan The Fremont Pedestrian Master Plan guides the future development and enhancement of pedestrian facilities within the city, and intends to make walking an integral mode of transportation in Fremont. This plan was developed with extensive input from the community and seeks to meet Fremont's needs and desires for pleasant, enjoyable and safe places to walk. Please visit the City's Pedestrian Master Plan website for additional information; http://www.fremont.gov/

### Bicycle and Pedestrian Technical Advisory Committee

The Bicycle and Pedestrian Technical Advisory Committee (BPTAC) is an advisory committee to staff in the City of Fremont's Transportation and Operations Depo

Third Wednesday of the month (as needed) 39550 Liberty Street Fremont, CA 94538

For more information please contact Rene Dalton at 510-494-4535.



BICYCLING MYTHS (Courtesy of the Genese Transportation Council)

"I'VE GOT TO STAY AWAY FROM CARS."

How do you avoid collisions? Enter traffic as few times as possible. There is no danger in riding in a traffic lane, motorists can see you there. The motorist who can see you will avoid you.

(Collisions with cars account for only one-sixth of all bike accidents. You're just as likely to collide with another bike, or a dog, or fall without colliding with anything.)

"I'M MOST LIKELY TO BE HIT FROM BEHIND."

Most car-like accidents happen at lines, when either the motorist or the bicyclist makes an unexpected turn across the other's path. In hope of avoiding a rear-end collision, some cyclists ride the wrong way - only to get in trouble at an intersection, because a turning motorist never saw them.

How do you get through intersections safely? Merge with traffic well in advance of the intersection, and position yourself in the proper turning lane. Using turn signals beforehand informs others of your intent, so they can react appropriately.

"MOTORISTS DON'T CARE ABOUT MY SAFETY." The vast majority of motorists are sane and rational people who will allow you right-of-way, even if it inconveniences them

How do you stay on the good side of motorists around you? Make your riding behavior predictable, and be courteous.

### http://bicycling.511.org/



The Bay Area's resource for bicycling information. Here you'll find the new 511 BikeMapper, route maps, locations of lockers and racks, information on how to take your bike on public transit and across Bay Area toll bridges, how to ride safely in traffic, tips on commuting, bicycle resources and more



The EBBC safeguards the interests of bicyclists in Alameda and Contra Costa counties. The EBBC works with cities, counties, Caltrans, and other government agencies to improve conditions for cyclists. Membership benefits include the newsletter rideOn, monthly meeting programs, and the opportunity to participate in "hands-on" efforts to improve

## http://www.ffbc.org/



The Fremont Freewheelers Bicycle Club (FFBC) is a non-profit club organized for the purpose of promoting all facets

### Metropolitan Transportation Commission (MTC)

Regional Bicycle Working Group http://www.mtc.ca.gov/planning/ bicyclespedestrians/index.htm

Alameda County Transportation Authority

Countywide Bicycle and Pedestrian Coordinator Contact: 510-893-3347 ext. 121

Rochelle Wheeler

http://www.acta2002.com/ bikeped.html

**Congestion Management** Agency (ACCMA)

http://www.accma.ca.gov/pages/







of bicycling, which includes leisure recreational touring and racing, always with an emphasis on bicycle safety and education.

Email: rwheeler@acta2002.com

Alameda County

Countywide Bicycle Plan