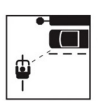


**BIKING LAWS & SAFETY TIPS**  
 Bicyclists on public roads have all the same rights and responsibilities as automobile drivers, and are subject to the same state laws and local ordinances. For everyone's safety, observe these bicycling rules:

- BE PREDICTABLE**  
 Never ride against traffic. Motorists don't look for bicyclists riding on the wrong side of the road. Many other hazards threaten the wrong-way rider.
- Obey traffic signs and signals, and basic right-of-way rules. Cyclists must drive like motorists they want to be taken seriously. Doing so is also the safest behavior. When approaching a stop sign, a bicyclist should stop on a complete stop and proceed only when safe to do so.
- Use hand signals. Hand signals tell other drivers what you intend to do. Signal as a matter of law, of courtesy, and of self-protection.
- Ride in a straight line. Whenever possible, ride in a straight line. If you must turn, do so with care and about a car door's width away from parked cars.
- Don't weave between parked cars. Don't ride to the curb between parked cars. If you must turn, do so with care and about a car door's width away from parked cars.
- Follow lane markings. Don't turn left from the right lane. Don't go straight in a lane marked "right turn only." Stay to the left of the lane when only one lane if you are going straight.
- Choose the best way to turn left. There are two ways to make a left turn. 1) Like an auto, signal, move into the left lane, and turn left. 2) Like a pedestrian. If you are in a designated crosswalk, dismount and walk your bike across.



**RIDE SAFELY AND COURTEOUSLY**  
 Probably the single most important thing a bicyclist can do to earn bicyclists greater respect on the road is to obey stop signs and traffic signals.



**BE ALERT**  
 Make eye contact with auto drivers. Assume they don't see you until you are certain they do.



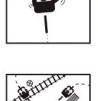
Watch for right-turning traffic. Motorists turning right may not notice cyclists on their right. Watch for any indications that a motorist may turn into your path. When approaching intersections try to stay far enough from the curb to allow cars to turn right on your right. Motorists may not look for or see a bicycle passing on the right.



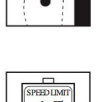
Look back before you pass or merge. Leave a good 3-4 feet when passing a pedestrian or another bicyclist. A rear-view mirror is a good idea, but don't rely on it alone.



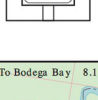
Respect pedestrians' rights. Pedestrians have the right of way. Don't cross sidewalks with driveways out to yielding to pedestrians. Don't ride on sidewalks. Use the street, bike lane, or bike path. Give a warning: use your bike bell, or call out "Passing on your left!"



Keep both hands ready to brake. You may not stop in time if you brake one-handed. Allow extra distance for stopping in rain, since brakes are less effective when wet.



Avoid road hazards. Watch out for street car tracks and old railroad tracks. Cross them perpendicularly. Avoid parallel-street sewer grates, slippery manhole covers, oil pavement, gravel, potholes. All are hazardous, especially when wet.



Watch your speed. Observe posted speed limits and obey the basic speed law: Never ride faster than is safe under the existing conditions.



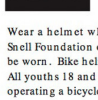
**BE EQUIPPED**  
 Use good lights at night. Front light, wheel and pedal reflectors are required. The front light must be visible from 300 feet. Use a rear red light for enhanced visibility. Wear light-colored or reflective clothing.



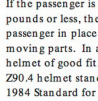
Ride a well-equipped bike. Be sure your bike is adjusted to fit you properly. For safety and efficiency, outfit it with bells, rear-view mirrors, racks or baskets, lights and reflectors. Be visible. Wear light or bright-colored clothing.



Wear a helmet when you ride. Helmets that have passed Snell Foundation or ANSI Z90.4 standard crash tests should be worn. Bike helmets may need to be replaced after a fall. All youths 18 and under must wear a bicycle helmet when operating a bicycle or when riding as a passenger.



Passengers must ride on a separate attached seat. If the passenger is 4 years old or younger, or weighs 40 pounds or less, the seat shall adequately retain the passenger in place and protect him/her from the bike's moving parts. In addition, this passenger must wear a helmet of good fit, fastened securely, meeting ANSI Z90.4 helmet standards or Snell Memorial Foundation's 1984 Standard for protective headgear.



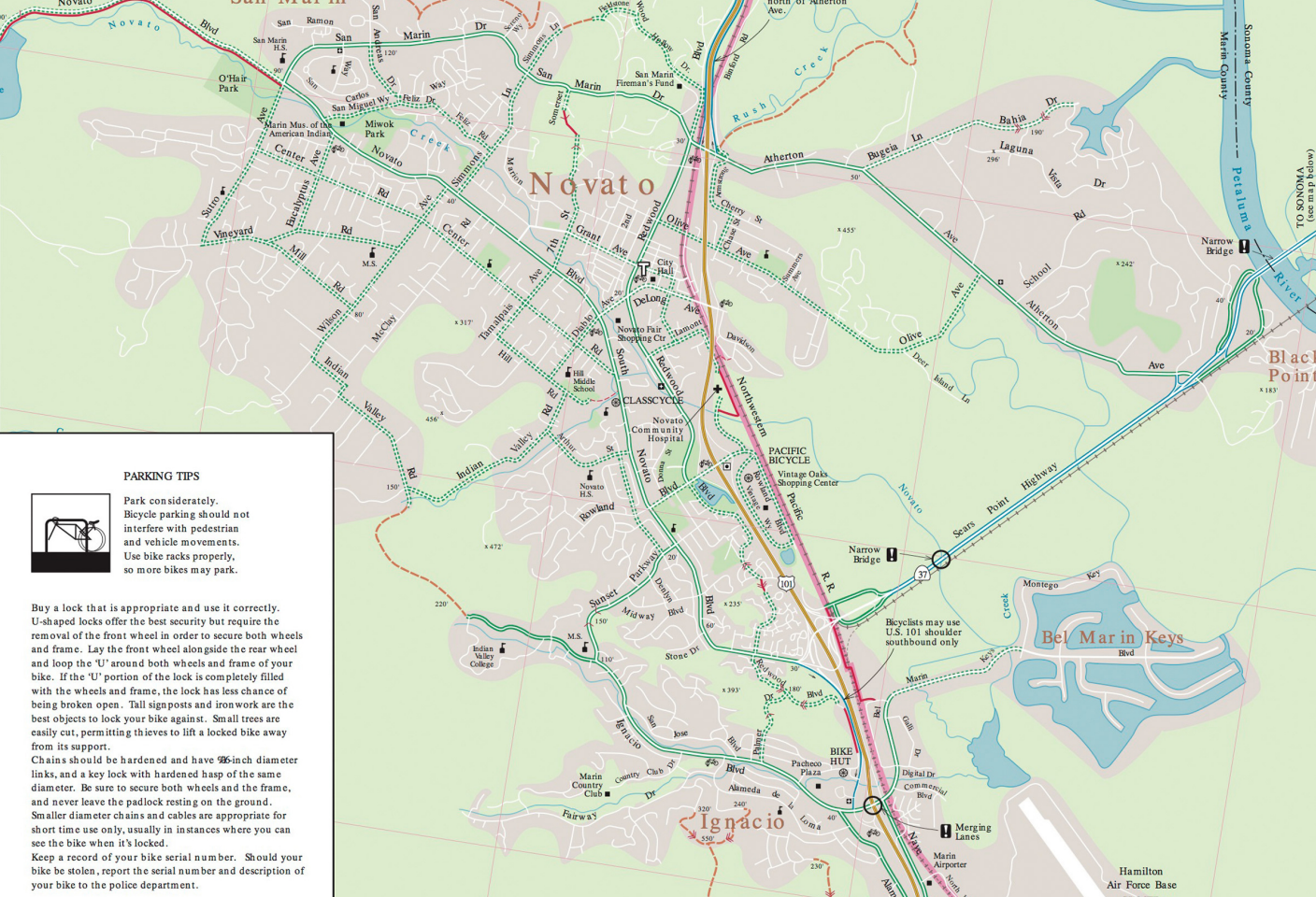
Keep your bike in good repair. Maintain your bike in good working condition. Check brakes regularly and keep tires properly inflated. Learn to do routine maintenance yourself or leave it to the experts at your local bike shop.



Get in shape. Before riding, spend a few minutes stretching your legs and body. If you are not an experienced cyclist, start with short trips and work up to longer distances.



FOR MORE ON EFFECTIVE CYCLING  
 See the highly useful Urban Bikers' 'Bikes & Tips by Dave Glowacz. 250 pages with 700 drawings and photos. Phone (800) 888-4741. www.jgbook.com/books/urb.htm

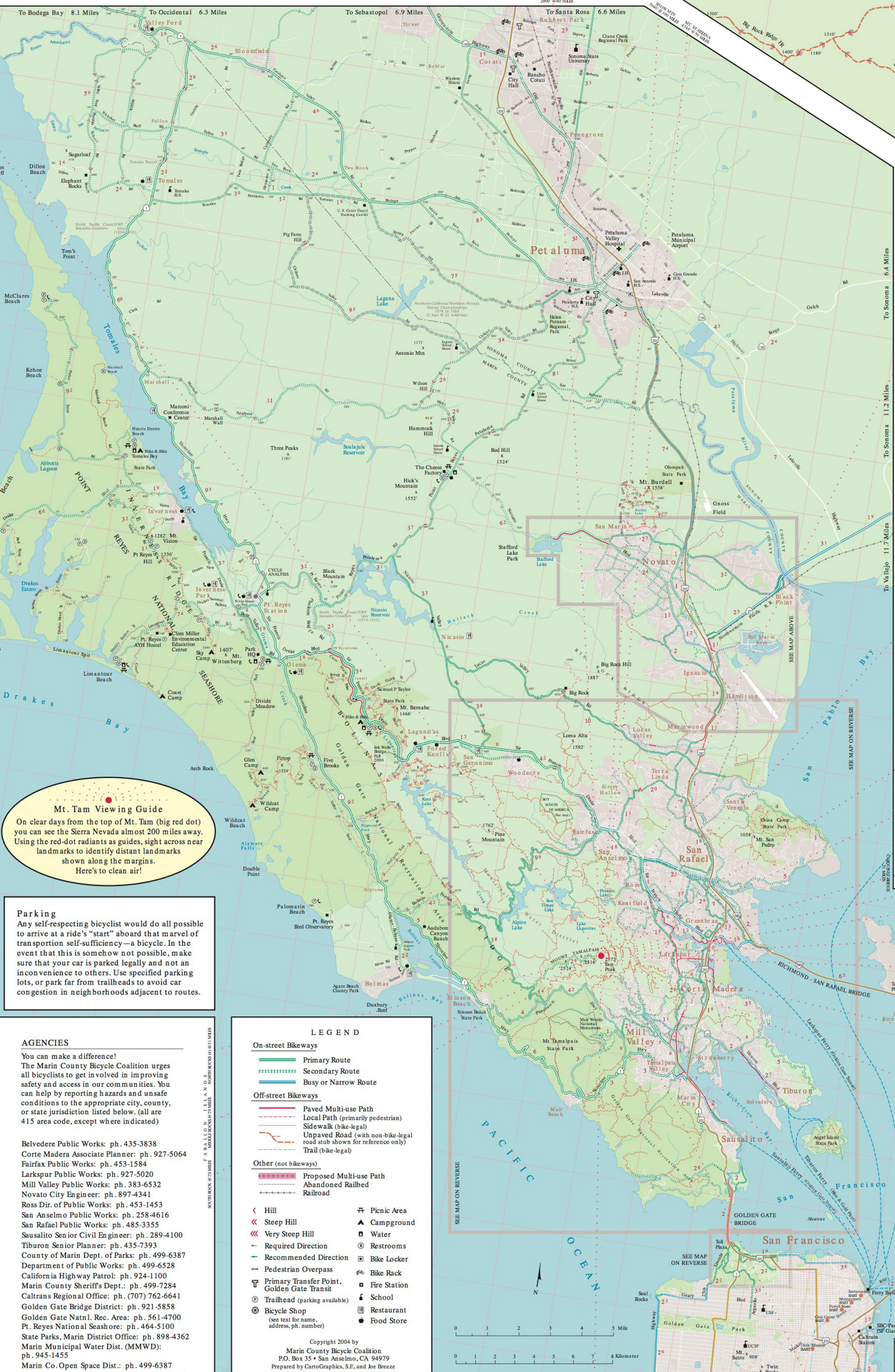


**BIKING SHOPS**  
 (providing sales and service unless noted)

- A Bicycle Odyssey 1417 Bridgeway, Sausalito; ph: (415) 332-3050
- Bike Hut 459 Entrada Dr., Novato; ph: (415) 853-2440
- Caesar's Cyclery 29 San Anselmo Ave., San Anselmo; ph: (415) 721-0805
- Classycle 1531-B So. Novato Blvd., Novato; ph: (415) 897-2283
- Fairfax Cyclery 1822 Sir Francis Drake Blvd., Fairfax; ph: (415) 721-7644
- Gravy Wheels 702 San Anselmo Ave., San Anselmo; ph: (415) 454-9334
- Mike's Bikes 1601 4th St. (at St.), San Rafael; ph: (415) 454-3747
- Mill Valley Cycleworks 369 Miller Ave., Mill Valley; ph: (415) 388-6774
- Mt. Tam Bikes 31 San Anselmo Ave., Suite C, Mill Valley; ph: (415) 389-1900
- Old Town Sports 871 Grant Ave., Novato; ph: (415) 892-0577
- Pacific Bicycle 132-P13 Vintage Way, Novato; ph: (415) 892-9319
- Performance Bike Shop 369 3rd St., San Rafael; ph: (415) 454-9063
- REI 213 Corte Madera Town Center, Corte Madera; ph: (415) 927-1938
- Re-Cyclery & Trips For Kids (used) 610 4th St., San Rafael; ph: (415) 458-2986
- Sausalito Cyclery No. 1 Gate 6 Road, Sausalito; ph: (415) 332-3200
- Sammit Bicycles 1820 4th St. (at H St.), San Rafael; ph: (415) 456-4700
- Sunshine Bicycle Center 737 Center Blvd., Fairfax; ph: (415) 459-3334
- Village Peddler 1161 Magnolia Ave., Larkspur; ph: (415) 461-3091

**BIKING RENTALS**

- Angel Island Tram Tours and Catered Events Angel Island; ph: (415) 897-0715 (spring-fall)
- Cycle Analysis 40 4th & Main Street (Hwy. 1), Point Reyes Station; ph: (415) 663-9164
- Demo Sport 1690 Tiburon Blvd., Tiburon; ph: (415) 435-5111



**Mt. Tam Viewing Guide**  
 On clear days from the top of Mt. Tam (big red dot) you can see the Sierra Nevada almost 200 miles away. Using the red-dot radiants as guides, eight across near landmarks to identify distant landmarks shown along the margins. Here's our clean air!

**Parking**  
 Any self-respecting bicyclist would do all possible to arrive at a ride's "start" aboard that marvel of transportation self-sufficiency—a bicycle. In the event that this is somehow not possible, make sure that your car is parked legally and not an inconvenience to others. Use specified parking lots, or park far from trails or avoid areas of congestion in neighborhoods adjacent to routes.

- AGENCIES**  
 You can make a difference! The Marin County Bicycle Coalition urges all bicyclists to get involved in improving safety and access in our communities. You can help by reporting hazards and unsafe conditions to the appropriate city, county, or state jurisdiction listed below. (All are 415 area code, except where indicated)
- Belvedere Public Works: ph. 435-3838
  - Corte Madera Associate Planner: ph. 927-5064
  - Fairfax Public Works: ph. 453-1584
  - Larkspur Public Works: ph. 927-5020
  - Mill Valley Public Works: ph. 383-6532
  - Novato City Engineer: ph. 897-4341
  - Ross Dir. of Public Works: ph. 453-1453
  - San Anselmo Public Works: ph. 258-4616
  - San Rafael Public Works: ph. 485-3355
  - Sausalito Senior Civil Engineer: ph. 289-4100
  - Tiburon Senior Planner: ph. 435-7393
  - County of Marin Dept. of Parks: ph. 499-6387
  - Department of Public Works: ph. 499-6528
  - California Highway Patrol: ph. 924-1100
  - Marin County Sheriff's Dept.: ph. 409-7284
  - Caltrans Regional Office: ph. (707) 762-6641
  - Golden Gate Bridge District: ph. 921-5858
  - Golden Gate Natl. Rec. Area: ph. 561-4700
  - Pt. Reyes National Seashore: ph. 464-5100
  - State Parks, Marin District Office: ph. 898-4362
  - Marin Municipal Water Dist. (MMWD): ph. 945-1455
  - Marin Co. Open Space Dist.: ph. 499-6387
  - Bay Area Air Quality Hotline: (800) EXHAUST

**TRANSIT INFORMATION**

For all Bay Area transit agencies, dial 511; for bicycle-specific information: <http://bicycling.511.org/>

**Golden Gate Transit Bus and Ferry**  
 ph: (415) 455-2000; web site: [www.goldengate.org](http://www.goldengate.org)  
 Bus: Golden Gate Transit provides daily service throughout the day and evening between San Francisco and Marin, Sonoma, and Contra Costa counties. Fare \$1.85 to \$7.25 for adults depending on zones crossed; exact fare or tickets are required. Exterior bicycle racks are available on 80% of GGT buses. Two additional bicycles are allowed on some routes 40 buses on a first-come, first-served basis. Wheelchair users, persons with disabilities, and seniors have priority over bicycles on these buses. Ferry: Golden Gate Transit provides daily ferry service between Sausalito or Larkspur and San Francisco (foot of Market St.). Fare: \$6.15. All fares shown are adult, one-way. Frequent Rider discounts for 20-ticket books \$3.85 each (Larkspur-SF) and \$3.30 each (Sausalito-SF). Bicycles on ferries: limited to 25 on Spaulding vessels, 15 or 20 on catamarans.

**Angel Island-Tiburon Ferry**: ph: (415) 435-2131; [www.angelislandferry.com](http://www.angelislandferry.com); April - October: ferry runs all week. November - March: flexible schedule. \$10.00 roundtrip fare includes Angel Island State Park entry fee. Bicycles: \$1.00

**Blue and Gold Fleet Ferry**: ph: (415) 773-1188; [www.blueandgoldfleet.com](http://www.blueandgoldfleet.com). Ferry service between Tiburon and S.F. (Pier 39). Fare: \$7.25 adult, one-way.

**Greyhound Bus**: ph: (800) 229-9424; Intercity. From San Rafael Transit Center (4th & Hetherton). Bikes must be boxed. \$10 baggage charge.

**RIDES for Bay Area Commuters: RIDES matches bicycle commuters who are looking for riding partners.** ph: (800) 755-7655; [www.rides.org](http://www.rides.org)

**BRIDGE INFORMATION**

Golden Gate Bridge: Ride on west sidewalk weekends from 5am to 9pm, and weekdays from 3:30pm to 9pm. All other times, ride on east side (pedestrians have the right of way). 5am to 9pm. San Francisco-Oakland Bay Bridge: Bikes are not allowed on bridge. Access is being considered.

**BIKING ORGANIZATIONS**

- Marin County Bicycle Coalition [advocacy] P.O. Box 35, San Anselmo, CA 94979; ph: (415) 456-3469; e-mail: [deb@marinbike.org](mailto:deb@marinbike.org); [www.marinbike.org](http://www.marinbike.org)
- See map front for Safe Routes to Schools info: Sonoma County Bicycle Coalition [advocacy] P.O. Box 3088, Santa Rosa, CA 95402; ph: (707) 484-2740; e-mail: [dbetty@att.net](mailto:dbetty@att.net); [www.bikesonoma.org](http://www.bikesonoma.org)
- Transportation Alternatives for Marin (TAM) [advocacy] 475 Miller Ave., Mill Valley, CA 94941; ph: (415) 389-5040 x24
- Bicycle Trails Council of Marin (BTCM) [off-road advocacy] P.O. Box 494, Fairfax, CA 94978; ph: (415) 488-1443; [www.btcmarin.org](http://www.btcmarin.org)
- Access4Bikes (A4B) [off-road advocacy] [www.access4bikes.com](http://www.access4bikes.com)
- Trips For Kids [youth program] (National Office) ph: (415) 458-2986; [www.tripsforkids.org](http://www.tripsforkids.org)
- Velo Club Fairfax (X) [promotion]: P.O. Box 35, San Anselmo, CA 94979; ph: (415) 457-8687
- Marin Cyclists [social, racing] ph: (415) 721-4337; [www.marincyclists.com](http://www.marincyclists.com)
- Velo Club Mtwok [road riding, Novato/Petaluma] ph: (415) 456-1711; [veloclub.home.attbi.com](mailto:veloclub.home.attbi.com)

**Marin Airporter Bus: Marin to S.F. Int'l. Airport (SFO).** ph: 461-4222; [www.marinairporter.com](http://www.marinairporter.com)  
 Leaves Ignacio/Hamilton every hour, 4am to 10pm. Leaves San Rafael every hour, 4:15am to 10:15pm. Leaves Larkspur Landing every half-hour, 4:30am to 11pm. From SFO, buses depart 5:30am to midnight. Three additional stops available along 101 in Marin. Bikes boxed; subject to room available.

**Airport Express Bus: Sonoma to Oakland Airport.** ph: (800) 327-2024; [www.airportexpress.com](http://www.airportexpress.com)  
 Leaves San Rafael Transit Center every other hour, 4:5am to 10:15pm. From Oakland Airport, buses depart every other hour, 6:00am to Midnight. Bikes must be boxed; subject to room available.

**Caltrain: Rail service between San Francisco (4th & Townsend), down the SF peninsula, through San Jose to Gilroy.** ph: (800) 660-4287. Limited space for bicycles is available on trains on first-come, first-served basis. Accessible cars are marked with a bicycle symbol.

**Amtrak California: Capitol Corridor rail service between San Jose and Sacramento (Auburn) and San Joaquin Route rail service between Oakland and Bakersfield.** Catch at Richmond BART. ph: (800) USA-RAIL. Limited space for bicycles is available on trains on first-come, first-served basis. Accessible cars are marked with a bicycle symbol.

**Bay Area Rapid Transit (BART):** Service between San Francisco and East Bay. ph: (415) 989-2278; [www.bart.gov/in/dex.asp](http://www.bart.gov/in/dex.asp) BART-permitted bicycles are allowed on all BART trains during non-commute hours and on trains traveling in the "reverse" direction during commute hours (6:30-9:30 a.m. and 3:30-6:30 p.m.). Long-term permit applications are available by calling (510) 464-7133. Day permits are available at BART stations. Bagged compact bikes good during commute.

**Richmond-San Rafael Bridge:** Bikes are not yet allowed on the bridge. During the day, take Golden Gate Transit bus number 10 from the San Rafael Transit Center to the El Cerrito Del Norte BART station. Limit: two to four bikes per bus.

**Single Cyclists [Marin-social]** ph: (415) 455-5962; [www.singlecyclists.com](http://www.singlecyclists.com)

**Tam Valley Bike Club [social]** ph: (415) 388-6393; [www.tamvalleybikeclub.com](http://www.tamvalleybikeclub.com)

**Women's Mountain Bike & Tea Society [social]** ph: (415) 459-0900; [www.wmtsbtsociety.com](http://www.wmtsbtsociety.com)

**Bay Area Bicycle Coalition [road & bridge advocacy]** 1095 Market Street, Suite 207, San Francisco, CA 94103; [www.bayareabikes.org](http://www.bayareabikes.org)

**California Bicycle Coalition [road advocacy]** 909 12th Street, Suite 114, Sacramento, CA 95814; ph: (916) 446-7558; [www.calbike.org](http://www.calbike.org)

**Rails-to-Trails Conservancy [road (path) advocacy]** 26 O'Farrell Street, Suite 400, San Francisco, CA 94108; ph: (415) 397-2220; [www.rails2trails.org](http://www.rails2trails.org)

**League of American Bicyclists (LAB) [road advocacy]** 1612 K St., NW, Suite 401, Washington, DC 20006; ph: (202) 822-1333; [www.bikeleague.org](http://www.bikeleague.org)

**International Mountain Bike Association (IMBA) [off-road advocacy]** P.O. Box 778, Boulder, CO 80306; ph: (888) 442-4622; [www.imba.com](http://www.imba.com)

**USA Cycling (U.S. Cycling Federation) -USCF [road and track racing] and National Off-Road Bicycle Association -NORBA [mtn. bike racing]** One Olympic Plaza, Colorado Springs, CO 80909; District ph: (510) 531-1400; [www.usacycling.org](http://www.usacycling.org)

**For bicycle information about San Francisco and the East Bay, call the following advocacy groups:**  
 San Francisco Bicycle Coalition ph: (415) 431-2453; [www.sfbike.org](http://www.sfbike.org) (transit map available in stores)  
 East Bay Bicycle Coalition ph: (510) 433-7433; [www.ebbcc.org](http://www.ebbcc.org) (transit maps available in stores)

**PARKS, OPEN SPACE & BIKE PATHS**  
 Mt. Tamalpais Watershed (415) 945-1195  
 Marin Municipal Water District (MMWD) Bicycles are allowed on designated fire protection roads only. Closed sunset to sunrise. Maximum bike speed is 15mph; 5 mph on curves or when passing. Entrance fee required for motor vehicles into Bon Tempe Lake and Lake Lagunitas.

**Golden Gate Nat'l. Recreation Area (GGNRA)** (415) 331-1540; [www.parks.gov/ggna](http://www.parks.gov/ggna)  
 Muir Woods Nat'l. Monument (415) 388-2595 Bicycles are not allowed.

**Mt. Tamalpais State Park (415) 388-2070** Bicycles are allowed only on fire roads. Speed limit 15 mph; 5 mph on curves or when passing.

**Samuel P. Taylor State Park (415) 488-9897** A bike trail runs along Papermill (Lagunitas) Creek, following the old Northwestern Pacific Railroad right-of-way.

**Point Reyes National Seashore (415) 464-5100** Bicycles are allowed on all paved roads and designated dirt roads. Shuttle buses run from Drakes Beach to Pt. Reyes Lighthouse on Sir Francis Drake Blvd. from New Years through Easter. Bicycles are allowed on the road.

**Angel Island State Park (415) 435-1915** [www.angelisland.org](http://www.angelisland.org); Paved and dirt roads roads for bicycling. Open Sun to sunset year-round. Access via ferries from Tiburon (435-2131), San Francisco, Oakland/Alameda and Vallejo.

**Marin Co. Open Space District (415) 499-6387** [www.marinopenspace.org](http://www.marinopenspace.org); Bicycles are permitted on fire roads only. Speed limit is 15 mph; 5 mph on curves or when passing.

**Boy Scouts of America (Camp Tamarancho)** Permit required for public access. Call (415) 454-1081; [www.boy Scouts-marlin.org](http://www.boy Scouts-marlin.org)

**For East Bay Routes**  
 The East Bay Bicycle Coalition has two maps: "West of the Hills" and "East of the Hills."

**For San Francisco Routes**  
 See "San Francisco Bike Map (California) Bike Map" and is used with their permission. Cover art assistance by Fabian Mach.

**BIKING IN MARIN COUNTY**

This map will give you information to help you use your bicycle to get to work, do your shopping and explore the beauty of Marin County. The routes shown on this map are used daily by bicyclists in Marin County. However, not all routes shown have been designated safe by a public agency. You must use your own judgment in assessing the safety of any route you choose. Ride the roads in Marin County at your own risk. In deciding whether a route is safe for you, please consider: your bike handling skills; your experience riding in traffic; the time of day; the volume of traffic; the weather; other road conditions and your own level of comfort using the selected route.

Note that most mountain roads in Marin such as Highway 1, Panoramic Highway, Sir Francis Drake (west of Fairfax), Bolinas Ridge Road, and Lucas Valley Road are narrow, winding, have high seasonal traffic volumes, and have some steep sections. Bicycles are allowed on all paved public roads in Marin except freeways (highways with interchanges) with the following exceptions: Both shoulders of Richardson Bay Bridge including adjacent on- and off-ramps; and the northbound shoulder between and including Villa Avenue on-ramp and North San Pedro off-ramp.

**BIKING RIGHTS & RESPONSIBILITIES**

Every person riding a bicycle upon a roadway or any paved shoulder has all the rights and is subject to all the duties applicable to the driver of a motor vehicle (most stop at stop signs and red lights, yield to emergency vehicles, etc.). Following traffic laws also builds respect for cyclists.

**Bike Path Etiquette**  
 Many "bike paths" in Marin are multi-use paths or are used as such. They are used by bicyclists, pedestrians (sometimes with baby stroller or dogs), and skaters. All users should ride to the right except when passing. A bicyclist should communicate with other users with a bell, voice, or eye contact when overtaking or passing near another path user. If you stop on a pathway, park your bike completely off the path. Some paths have 15 mph speed limits. If you need to go faster, use other paths or streets.

**Off-Road Etiquette**  
 Please ride on legal trails only, and respect private property. Avoid trails when they are muddy. Control your speed, and obey speed limits. Avoid skidding. When approaching others, using a friendly greeting (or bell) is considered. If the path is narrow, yield your right of way. Never spook animals. When passing horses use special care and follow directions of horseback riders (ask if you're uncertain). On ranchlands, ask as you found them, or as marked. Know your equipment, your ability, and the area in which you are riding — and prepare accordingly. Be self-sufficient at all times, keep your equipment in good repair, and carry necessary supplies for changes in weather or other conditions. A well-executed trip is a satisfaction to you and not a burden or offense to others. Always wear a helmet. Thank you.

Copyright 2004 by Marin County Bicycle Coalition P.O. Box 35 • San Anselmo, CA 94979 Prepared by Cartographics, SF, and Joe Breeze



