Tips

Bicycling Myths

1. Bicycling is only for the young.  
   - Fact: People of all ages ride for recreation, exercise, and commuting.

2. Bicycles are not safe.  
   - Fact: Bicycles are generally considered a safer mode of transportation than automobiles.

3. I don’t have time to bike.  
   - Fact: Biking can be a quick and efficient way to get to work, school, or other destinations.

4. Roads are too busy to bike.  
   - Fact: Many areas have dedicated bike lanes and paths.

Loading Your Bike

1. The bike rack is your only option.  
   - Fact: Many public transportation systems allow bikes on board.

2. The bike rack is uncomfortable.  
   - Fact: Most bike racks are designed to provide comfort and stability.

3. I can carry more on the bike if I remove the seat.  
   - Fact: Removing the seat reduces the bike’s weight and makes it easier to carry.

Bicycling Tips

1. Don’t overload your bike.  
   - Fact: Overloading can cause the bike to tip over or become unstable.

2. Wear a helmet.  
   - Fact: Helmets are required by law in many areas.

3. Be visible.  
   - Fact: Wearing bright colors or reflective clothing can increase visibility.

4. Watch out for pedestrians.  
   - Fact: Pedestrians have the right-of-way, so give them plenty of space.

Rides

There are many riding experiences in Solano County.

The Solano Transportation Authority, the Vito-Solano Air Quality Management District, and the Bay Area Air Quality Management District would like to remind you: Go Green! Cut out and get some fresh air on your bike today!

Bikes on Transit

- All buses are equipped with front mounted bicycle racks.
- All ferries allow bikes on board.
- All trains are equipped with a limited number of bike racks in the luggage compartment.
- On connecting AMTRAK trains at no extra charge.

Destinations

- Fairfield Transit Center
- Vacaville Transit Center
- Vallejo Transit Center
- Yolo County Government Center
- School
- Hospital
- Library
- Shopping Center
- Sports Complex
- Other

Bikes

- Bicycling is a great way to stay healthy and fit.
- Bicycling is a fun and enjoyable way to explore the county.

SOLANO 2014 BikeLinks Map

- For up-to-date maps and information, visit bicycling.511.org/transit.htm or see solanogrown.org
- There are many bicycle clubs in the county.
- The Solano Transportation Authority has bike lanes and paths throughout the county.
- The STA promotes bicycling as an environmentally sound, viable commute alternative.
- Advice from Mr. Bicycle: Remember, bicyclists are more vulnerable. Ride defensively and expect the unexpected.