



Richmond-San Rafael Bridge
The path on the bridge is part of a 4-year pilot program that will evaluate impacts to operations. Bicycle & pedestrian counts will be a factor in whether the path becomes permanent. It will be important to demonstrate support for the pathway during the pilot.

San Francisco Bay Trail

- Paved
- - - Dirt/Gravel
- On Street
- · · · · Planned

Other Regional Trails

- Existing
- - - Planned
- Audio Tour

San Francisco Bay Trail

Over 350 miles of adventure by foot or by wheel



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Bay Trail

SAN FRANCISCO



The Eliot Trail at Sears Point restoration area, Sonoma County. Photo by Sonoma Land Trust.

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Disclaimer: This map reflects conditions known to its makers at the time of its creation and reasonable steps have been taken to ensure its accuracy. Changes to the built and natural portions of the trail will occur over time. Neither ABAG/MTC nor the San Francisco Bay Trail Project makes any guarantees about trail conditions or assumes any liability for any injury or damage arising out of, or in connection with, any use of the trail or this map.

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Association of Bay Area Governments
Metropolitan Transportation Commission
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FIND YOUR ADVENTURE

Birding the Bay Trail

Along the Pacific Flyway, the Bay Trail is the place to view an array of migrating and resident shorebirds. Check out these bird-worthy spots:

- Palo Alto Baylands
- Coyote Hills Regional Park, Fremont
- American Canyon Bay Trail
- Hamilton Bay Trail, Novato

Fun for Kids

Kids big and small will love these creative playgrounds along the Bay.

- Ryder Park, San Mateo
- Marina Park, San Leandro
- Adventure Playground, Berkeley
- Bay Area Discovery Museum, Sausalito

Shoreline Walks

Discover even more along the Bay edge by foot. These areas are great for a stroll:

- George Miller Trail, Martinez
- Martin Luther King Jr. Regional Shoreline, Oakland
- Dotson Family Marsh, Richmond
- Glen Cove Waterfront Park, Vallejo

Expand What You Know

Shoreline environmental education centers and museums inspire people to deepen their knowledge about the Bay:

- CuriOdyssey, San Mateo
- Alviso Environmental Education Center, San Jose
- Hayward Shoreline Interpretive Center, Hayward
- Crab Cove Visitor Center, Alameda

Shoreline Picnic and Barbecue Spots

Pack a lunch for a perfect park day with plenty of bayside open space for the whole family to enjoy:

- Crissy Field, San Francisco
- Robert W. Crown Memorial State Beach, Alameda
- Miller/Knox Regional Shoreline, Richmond
- Middle Harbor Shoreline Park, Oakland
- China Camp State Park, San Rafael

Scenic Viewpoints

Venture to these areas for rewarding vistas:

- Fort Baker, Sausalito
- Middle Harbor Shoreline Park, Oakland
- César Chávez Park, Berkeley
- Tiburon Rail Trail, Tiburon

The Best Bike Rides

Explore familiar sites as well as places off the beaten path:

- San Francisco Ferry Building to Sausalito Ferry, boat ride back to SF
- Cooley Landing to Sunnyvale Baylands Park
- San Leandro Marina to Hayward Regional Shoreline
- Miller Knox to Richmond San-Rafael Bridge to China Camp State Park and back
- Mill Valley—Sausalito Pathway

Bay Trail Audio Tours

Want to learn about history, ecology, restoration and general fun facts while walking the Bay Trail? There's an app for that! Download Vizzit Places from the App Store or Google Play, then choose from 13 audio tours around the region. Some examples include:

- Flying High at a Historic Airfield in Novato
- Richmond Home Front Heroes—Rosie the Riveter
- Benicia by the Bay
- Many more...

Dog Parks

Be sure to check with the city, town, county, or park district that the trail segment runs through before bringing your dog—restrictions vary along the Bay Trail. These are some certified dog-friendly parks:

- Bayside Park, Burlingame
- Point Isabel Regional Shoreline, Richmond
- Bayfront Park, Mill Valley
- Mission Bay Parks, San Francisco



EXPLORE

The San Francisco Bay Trail is a visionary plan for a 500-mile walking and bicycling path that will one day encircle the entire San Francisco Bay. If you have ever cycled across the Golden Gate Bridge, skated around Bay Farm Island, or walked in the Palo Alto Baylands, you have experienced the Bay Trail.

Like the Bay Area itself, the trail provides a varied experience, from the bustling, historic waterfronts of Richmond, San Francisco, and Oakland, to remote natural areas like the Don Edwards and San Pablo Bay National Wildlife Refuges. Over 350 miles of trail are in place today, providing scenic recreation and adventure by foot or by wheel.



LOOKING FOR MORE?

This map is a companion piece to the Bay Trail Map Set—25 cards containing detailed maps and text on individual segments of the complete Bay Trail. This map set can be purchased at local stores, or via the Bay Trail website—baytrail.org

THANK YOU



The Association of Bay Area Governments (ABAG) is the regional planning agency and council of governments for the nine counties and 101 cities and towns of the San Francisco Bay region, making it the perfect home for the San Francisco Bay Trail Project. ABAG's programs work to address regional economic, social, and environmental challenges.



The Metropolitan Transportation Commission (MTC) is the transportation planning, coordinating, and financing agency for the nine-county Bay Area. MTC provides funding for the administration of the San Francisco Bay Trail Project.



The State Coastal Conservancy is a principal funding source for the development of the Bay Trail. Established in 1976, the Conservancy is a state agency that uses entrepreneurial techniques to protect and improve coastal and Bay Area natural resources and to provide public access to the shore.

It Takes a Village

The Bay Trail is a collaborative effort between public agencies and private organizations who together build, operate, and maintain various segments of trail. Completing the remaining miles will require significant funding, many partners, and the support of trail users like you.



How Can I Help Complete the Bay Trail?

- Ask your local, state, or elected official to support completing the Bay Trail—write or call today!
- Vote for Park Bonds or transportation measures that support trail construction
- Donate to the Bay Trail, a 501(c)(3) nonprofit



For more information, visit baytrail.org



YOUR EXPERIENCE

The Bay Trail provides access to commercial and residential neighborhoods; points of historic, natural, and cultural interest; recreational areas like beaches, marinas, and fishing piers; and over 130 parks totaling over 57,000 acres of open space. Additionally, the trail provides a commute alternative for bicyclists, and connects to numerous public transportation facilities, including ferry terminals, bus stops, and train stations. The Bay Trail also offers a setting for wildlife viewing and environmental education while increasing public respect, stewardship, and appreciation for the Bay.